

By Doug Silsbee The Mindful Coach Seven Roles For Facilitating Leader Development 2nd New And Revised Edition

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In this thoroughly revised and updated edition of his best-selling book *The Mindful Coach*, expert coach Doug Silsbee presents his practical Septet Model as an ideal tool for conducting coaching conversations with executives, leaders, and other professionals.

~~The Mindful Coach: Seven Roles for Facilitating Leader ...~~

Doug Silsbee provides many sample dialogues of each Voice, and also provides many exercises to self-coach and self observe oneself with increased awareness and mindfulness. The exercises are very thought provoking and I recommend any coaches that purchase the book to do the exercises mindfully.

~~The Mindful Coach: Seven Roles for Facilitating Leader ...~~

Doug Silsbee's pioneering first book explores the intersection of mindfulness and coaching. It is the first to integrate the practice of self-awareness with a logical and pragmatic approach to developing coaching skills.

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Doug Silsbee is a thought leader in the field of presence-based leadership development, coaching, and resilience. He coaches, teaches, and writes in Asheville, North Carolina. A master teacher, Silsbee has worked with leaders on five continents, taught top executives from corporations, nonprofits, and government, and is a frequent speaker at major conferences.

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INTRODUCTION : #1 By Douglas K Silsbee The Publish By Lewis Carroll, *The Mindful Coach Seven Roles For Helping People Grow* By the mindful coach seven roles for helping people grow by douglas k silsbee the mindful coach book read reviews from worlds largest community for readers the mindful coach is written for managers and executives coaches and co

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Doug Silsbee was a pre-eminent author and thought leader in the fields of Presence-Based Coaching, leadership development, and resilience. Doug's ground-breaking work integrates deep pragmatic experience in organization and leader development on five continents with mindfulness, interpersonal neurobiology, somatics, and developmental psychology. Two books, *The Mindful Coach* and *Presence-Based Coaching*, are the basis for a leading edge coach certification program, accredited by the ...

~~Doug Silsbee | Presence-Based Coaching~~

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~~The Mindful Coach: Seven Roles for Facilitating Leader ...~~

The integration of Doug Silsbee's unique and expansive concepts and models, his powerful personal presence, and his ability to convey sophisticated ideas in a manner that makes them readily understood and easily integrated combine to make the program profound and impactful.

~~Presence-Based Coaching~~

Silsbee's new book is his most expansive. A master of integration, he seamlessly weaves fields as disparate as complexity, leadership and adult development theory, mindfulness, and interpersonal neurobiology into a deeply human exploration of how leaders can bring the fullness of their humanity to the most intractable challenges they face.

~~Doug Silsbee~~

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